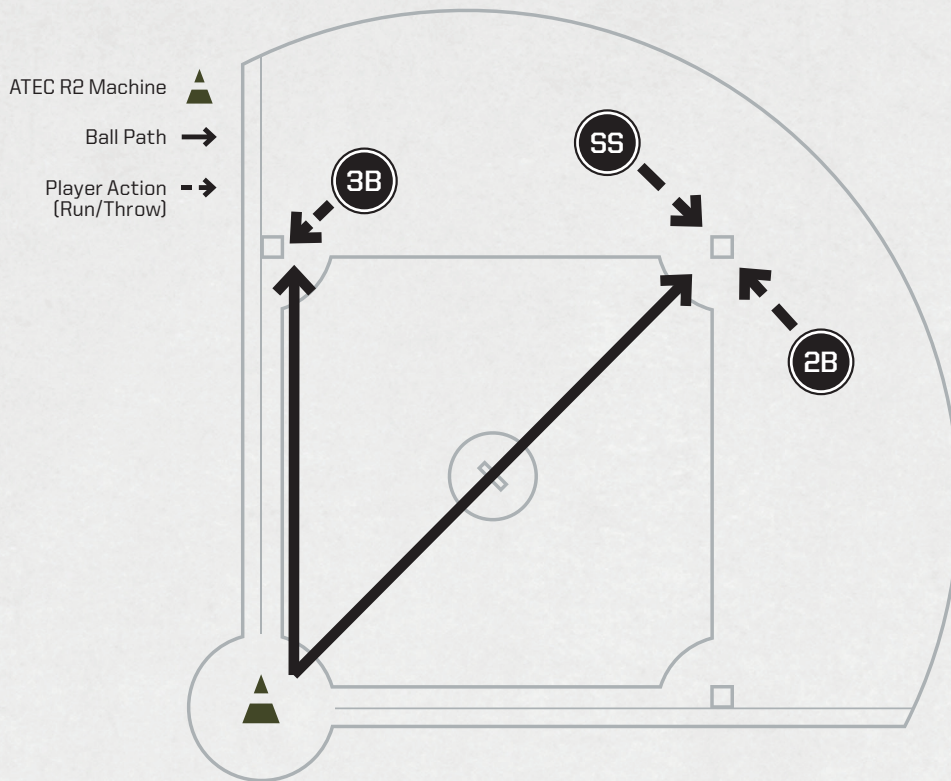


TAG PLAYS FROM CATCHER

DRILL BENEFITS

This drill delivers maximum efficiency while saving your catcher's arm for game days.



R2



MACHINE BENEFITS

The ATEC R2 defensive machine allows for quick repetition simulating various thrown balls. With the head tilt and swivel features, you can adjust the height, direction, and distance of every simulated catcher's throw, allowing for thorough training of receiving all types of throws and applying proper tags in each scenario.

EXECUTION

- Set the R2 (▲) up at home plate to simulate a catcher throw down to 2nd or 3rd base.
- Elevation and speed adjustments on the R2, as well as the 360 rotation, create a variety of throw angles, heights and velocity simulating actual game throws
- Players break towards bag based on ball feed from coach.

DISCLAIMER:

ATEC drills are designed to develop player skills in various areas of the game. Results will differ for each player. Players should use appropriate protective equipment during drills to protect against potential bodily injury.